

- a. Take loop from peg #2 and put on peg #1.
- b. Wrap yarn from ball, as if knitting, on top of all the loops on peg#1.
- c. Lift bottom loops over the single wrapped loop and off the peg (#1) leaving 1 loop remaining on the peg.
- d. Take loop off peg #3 and put onto peg #5. There should be 2 loops on peg #4.
- e. Remove remaining loop on peg #1 and put this loop onto the now empty peg #3. There should be 1 loop on peg #3.
- f. Take all the loops (so there are none remaining) off peg#4 and put them all onto peg #3 with the existing loop. There should be 3 loops on peg #3.
- g. Wrap peg #3 as for knitting.
- h. Lift bottom 3 loops over the wrapped loop and off the peg. There should be 1 loop remaining on peg #3.
- i. Adjust the tension by pulling the fabric to feed more yarn through your bind off and keep tension loose.
- j. Repeat steps 4-9 first using pegs #5 and 6 (removing the single loop from peg #3) and then repeating through the remaining pegs. Finish by snipping yarn and pulling through last remaining loop to form a knot.

7. Weave end strings through knitting, block and steam.

Knitting Board Potholder



This project is rated as an Easy project. No previous skills are required. For more detailed how-to casting on and binding off techniques for use with this pattern, visit [Loom Knitting Learn Along 1](#), [2](#) and [3](#).

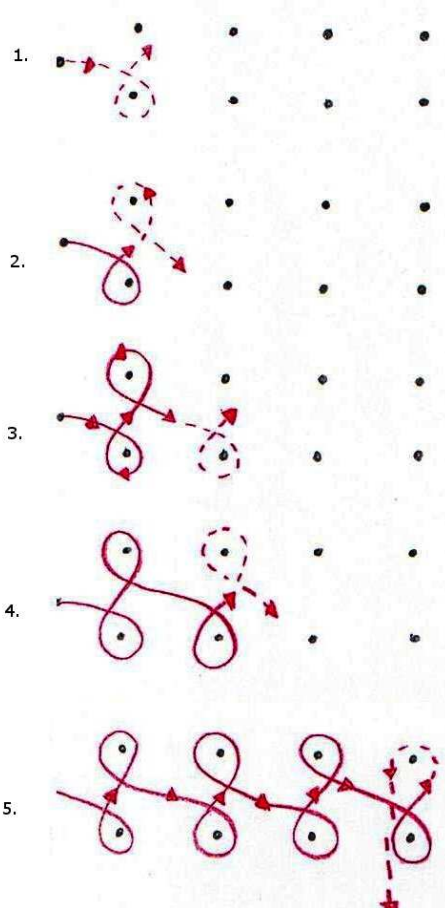
Required:

- 100g bulky weight, natural fibre yarn.
- Knitting board, regular gauge
– ¼” diameter pegs with ½” spacing
- Pick tool

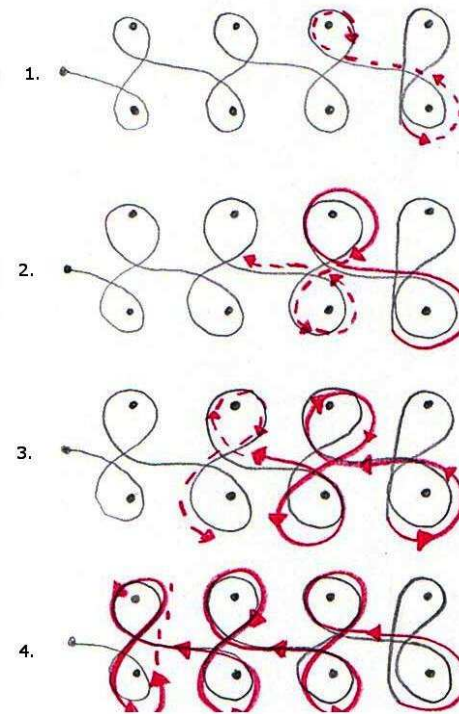
To Make the Potholder:

1. Cast on 12 stitches as in the following diagrams using two strands as one (and note that one loop refers to a double stranded loop):

From left to right:



Then, winding the yarn back from right to left:



2. To finish cast on row– on your last peg wound, use your pick tool to lift the bottom loop over the top loop and off the peg (leaving one loop remaining on the peg). Repeat for all pegs.
3. To start knitting row 1, wind as in Diagram #1 (left to right) and starting with the last peg wound, lift the bottom loop over the top loop and off the peg (leaving one loop remaining). Repeat for all pegs.
4. To knit row 2, wind as in Diagram #2 (right to left) and starting with the last peg wound, lift the bottom loop over the top loop and off the peg (leaving one loop remaining). Repeat for all pegs.
5. Repeat steps 3 and 4 to a total of 20 rows.
6. Bind off as follows starting on the same side as your ball of yarn: